

About You!

If you would like to submit anything for our "About You" page, we will be delighted to share it with other parents, teachers and schools.

A 5-a-day Winter Wonder!

Here's a fab & healthy recipe to keep you going whatever the time of year *and* it makes the most of seasonal produce. Make it your own with one or more of the suggested extras, remember to keep it colourful to ensure you get lots of different vitamins and minerals!

Winter Coleslaw

Mix the following together in a large bowl...

- ¼ white or red cabbage, finely sliced
- 1 large carrot, peeled and grated
- ¼ white or red onion finely sliced
- 1 heaped tbsp mayonnaise (low fat) or salad cream

Extras...

- 1 tbsp peanuts
- 1 tbsp raisins or sultanas
- 1 chopped apple or pear
- 1 tbsp sweet corn
- ¼ finely sliced fennel bulb
- 1 heaped tbsp chopped broccoli florets
- 1 celery stick, cut into ½ cm thick slices
- 1 tbsp finely sliced green beans (uncooked)

Truly Inspirational!

MIT's Mitchel Resnick says kids should do it for themselves. Here's how.

"By looking at the way children learn in kindergarten, we developed what I call the "creative learning spiral." In many of the best creative thinking experiences, you start with imagination, you come up with an idea, you create something based on your idea, you play and experiment with that idea, you share it with others, you talk about it with them, they try it out, and they give you feedback. Based on that experience, you reflect upon your ideas, you think about what happened, and that gives you new ideas. Then you're right back again at the beginning with imagining—at which point, you keep on spiraling out with new ideas based on this concept of "imagine, create, play, share, reflect, and imagine."

Mitchel Resnick is a researcher, inventor, and professor at MIT's Media Laboratory in Cambridge, MA, and the founder of the Lifelong Kindergarten Group at MIT.

<http://www.techlearning.com/story/showArticle.php?articleID=196605351&page=1>

BIRTHDAYS!



A BIG Happy Birthday to:

- Mia, who turned 4 on 22nd August at The Spot
- Hamish, who turns 5 on 8th September at SDN Pymont
- Rylee, who turns 4 on 5th November at Sunshine Kids
- Liam, who turns 5 on the 12th November at SDN Pymont
- Tiana, who turns 4 on 5th December at Sunshine Kids

OCTOBER HOLIDAY CAMPS!

After a great response to our July camps, we are again running courses at Willoughby Park Centre for 3-5 and 6-12yrs and at the Powerhouse Discovery Centre at Baulkham Hills for 6-12yrs. Courses include Digital Movie Making, CSI with digital microscopes, Video Game Design and other fun technology workshops.

See our website for more details and how to book a place!
www.ctce.com.au

Welcome to our new teacher!

Hello! My name is Morris and I am the new ComputerTots teacher at SDN Pymont Child Care Centre



Basketball and surfing in my spare time are my loves.

I have worked in childcare during my last few years of university. I really enjoy working with children, and have a great passion for bringing technology to pre-school children.

For more information or to register for COMPUTERTOTS classes call 02 9388-3278 or visit our website at www.computertots.com.au